

RICHMOND RAVENS NEWSLETTER

NOVEMBER 2024



Pacific Coast Female Rep Classic

We want to extend our heartfelt thanks to everyone who participated in this year's prestigious Pacific Coast Female Rep Classic, a tournament that took place October 25-27. From the incredible athletes who left everything on the ice to the coaches, managers, referees, officials, volunteers, families, and fans who brought unmatched energy and support, you made this event one to remember!

Your dedication, sportsmanship, and passion for the game were evident in every play, and we are so proud to have witnessed such high-caliber competition. Congratulations to all the teams for their hard work, resilience, and commitment to excellence. We look forward to seeing you back next year for even more thrilling hockey action!

For now, check out some fun stats:



935 players
55 teams



480 medals
8 banners awarded



236 MVPs



8 of 14 semi-finals went to OT/Shootout!



618 volunteer hours fulfilled



U18A1 won silver



U13A2 won bronze



Ray Sawada Remembrance Game - NOV. 12

MINORU ARENA | 7:45PM

We're honoured to invite you to a special Richmond Sockeyes Remembrance Game dedicated to the late Ray Sawada on November 12, 2024. This event marks the one-year anniversary of Ray's Celebration of Life, and we hope you'll join us to commemorate his legacy.

To honour Ray's memory, we welcome everyone from our Ravens community and beyond to attend. Players who wear their team jerseys will receive free admission, along with one accompanying adult.

To make the evening more memorable, some of our very own Ravens players will be the 7th skater during warm-up, and our dedicated U9C3 team will be playing a mini-game during the first intermission!

We look forward to seeing you on Nov. 12, to celebrate Ray's contributions and to support each other.



Ravens Night: Remembering Danielle Cabana

LANGLEY EVENT CENTRE | NOV. 29 | 7PM

Danielle Mei Cabana was a bright light within our Richmond Ravens family. It has been nearly two years since her passing but her legacy lives on in our hearts and community.

Please join us for a special Ravens Night at the Vancouver Giants game on Friday, November 29, where the association and its families can all be together to honour Danielle.

We encourage all players to wear their "We Play for Danielle" jerseys to the game, and hope all those in attendance will cheer on our youngest Ravens who will be playing a mini-game during an intermission!

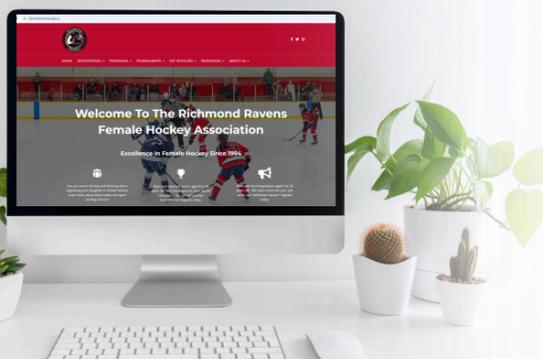
Please reach out to your team manager to request for jerseys and to purchase tickets.

(Note: Last day to order Danielle jerseys is Nov. 12, and the last day to purchase tickets is Nov. 26.)

Richmond Ravens Launch NEW Website

We're thrilled to announce the launch of our brand-new website! Designed with our community in mind, the site is packed with exciting features to keep you connected and informed.

With a fresh look, easy navigation, and mobile-friendly design, our new site is built to make staying up-to-date on all things Ravens easier than ever. Visit us at richmondravenshockey.ca and dive into the latest news, resources, and highlights. We can't wait for you to experience it!



Goaltender Development Under Way

The Ravens have started its goaltender development for the 2024/25 season. For our aspiring U7 and U9 goaltenders, the Ravens will come out to weekend practices twice a month between October through March. We have already worked with 9 new goaltenders in these age groups and encourage those who are interested in trying the position to give it a shot!

For players who want to try goaltending, please advise your coaches and they will let Coach Jonathan know.

Our U11 through U18 goalies are able to bring out their own skills providers twice a month, paid for by the Ravens. Please send your invoices to secretary@richmondravenshockey.ca for processing.



Volunteers Needed: Ravens Holiday Skate

The Richmond Ravens would love to host a holiday skate with players and families. We're looking for some volunteers who can take charge and help organize a fun-filled afternoon for the Ravens community. We appreciate your ongoing support and assistance!

Please reach out to Taji Grguric to assist with the event or to have any questions answered: managers@richmondravenshockey.ca.



PCAHA is asking all associations to ensure players show respect for officials, especially in light of recent incidents involving disrespectful behavior, such as mocking officials during handshakes. Players should be aware that such actions may result in serious penalties, including gross misconduct.

Thank you Proactive Health!



A special shout out to Proactive Health for being onsite at the Pacific Coast Female Rep Classic. We appreciate your complimentary injury assessments and support to all the athletes who participated in the competitive, action-packed tournament!

Proactive Health provides a range of rehabilitative and wellness services aimed at supporting pain relief, physical recovery, sports rehabilitation and overall well-being. Their offerings include physiotherapy, registered massage therapy, kinesiology, fascial stretch therapy, cupping, vestibular therapy, sports rehabilitation, and personal training. Based in Richmond, BC, Proactive Health's customized treatment plans cater to various conditions, including injuries, chronic pain, and post-operative recovery, with a holistic approach that emphasizes patient centered care. To learn more about their services, please visit their website: proactivehealth.online



- NOVEMBER 12** Richmond Sockeyes Remembrance Game: Ray Sawada
- NOVEMBER 29** Ravens Night with the Vancouver Giants: In Honour of Danielle Cabana
- DECEMBER TBC** Ravens Holiday Skate
- DECEMBER 2** U9 League Games Commence
- DEC. 23 - JAN. 5** Winter Break